# PRACTICAL CLINICAL COURSES

A Service of the Gordon J. Christensen Career Development Program

# V4385 New Soft-Tissue Grafting Alternatives – Time to Change!

Lee H. Silverstein, DDS, MS, MBA & Gordon J. Christensen, DDS, MSD, PhD

# **Materials Included:**

C.E. Instruction Sheet
Products List
Clinician Responsible
Goals & Objectives
Overview
Supplemental Materials
AGD Post-Test

# Gordon J. Christensen PRACTICAL CLINICAL COURSES

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# **PRACTICAL CLINICAL COURSES**

Sources of Products Discussed in

# V4385 New Soft-Tissue Grafting Alternatives – Time to Change!

Presented by: Lee H. Silverstein, DDS, MS, MBA & Gordon J. Christensen, DDS, MSD, PhD

# 1. Adson Forceps

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

## 2. AlloDerm

BioHorizons 2300 Riverchase Center Birmingham, AL 35244 (888)246-8338 (205)967-7880 www.biohorizons.com

#### 3. Barricaid

Dentsply Sirona 221 West Philadelphia Street Suite 60W York, PA 17401 (844)848-0137 (717)845-7511 www.dentsplysirona.com

# 4. Blades (15 or 15C)

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

#### 5. **COE-PAK**

GC America Inc. 3737 West 127<sup>th</sup> Street Alsip, IL 60803 (800)323-7063 (708)597-0900 www.gcamerica.com

# 6. **EpiFix**

MiMedx 1775 W. Oak Commons Ct. NE Marietta, GA 30062 (888)543-1917 (770)651-9100 www.mimedx.com

# 7. Gauze Sponges

Local Dealer

#### 8. **Goldman-Fox Scissors**

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

## 9. Kirkland Hoe

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

#### 10. Metzenbaum Scissors

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

#### 11. Orban Knife

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

# 12. Peridex Oral Rinse

3M Oral Care 3M Center Building 275-02-SE-03 St. Paul, MN 55144 (800)634-2249 (651)575-5144 www.3mespe.com

# 13. Periodontal Curettes

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

#### 14. Periodontal Probe

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

# 15. Periodontal Surgical Kit

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

#### 16. **Periosteal Elevator**

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

# 17. 4-0 Polyglycolic Acid Suture (3/8 Circle Reverse Cutting Needle)

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

# 18. 5-0 Polyglycolic Acid Suture (1/2 Circle Reverse Cutting Needle)

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

# 19. Principles of Periodontal Surgery: A Complete Step-By-Step Guide

AEGIS Communications 104 Pheasant Run Suite 105 Newtown, PA 18940 (215)504-1275 www.dentalaegis.com

# 20. Surgical Flap & Suture Kit

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

# 21. Woodson #2 Periosteal Elevator

Hu-Friedy Mfg. Co., LLC 3232 N. Rockwell Street Chicago, IL 60618-5935 (800)483-7433 (773)975-6100 www.hu-friedy.com

# Product names, the products themselves, and company names change rapidly. Please contact the companies shown to confirm current information.

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# **PROGRAM**

# V4385 New Soft-Tissue Grafting Alternatives – Time to Change!

# **CLINICIANS RESPONSIBLE:**

# Gordon J. Christensen, DDS, MSD, PhD

Founder and CEO, Practical Clinical Courses Senior Consultant & Previous CEO, CR Foundation Practicing Prosthodontist, Provo, Utah

# Lee H. Silverstein, DDS, MS, MBA

Chief Executive Officer, Kennestone Periodontics
Professor, Medical College of Georgia, Augusta University
Author of Textbooks for Dental Professionals
Consultant/Advisor/Lecturer, Multiple Organizations

# **GOALS & OBJECTIVES**

At the completion of this video presentation, participants should be able to:

- 1. Discuss the need for gingival grafting.
- 2. Discuss the autogenous connective graft.
- 3. Compare autogenous connective grafting for one tooth vs. multiple teeth.
- 4. Draw the procedure for covering an exposed crown margin.
- 5. Discuss the sequence of doing an autogenous connective tissue graft and a frenectomy at the same time.
- 6. State the possibility for covering a class V restoration with a soft-tissue graft.
- 7. Discuss covering an unsightly gingival discoloration with a soft-tissue graft.
- 8. List the types of soft-tissue grafts.
- 9. Define an autogenous connective tissue graft.
- 10. State reasons for a soft-tissue ridge augmentation.
- 11. List the steps in doing a connective tissue ridge augmentation.
- 12. Compare ridge augmentation with dermal matrix material vs. connective tissue.
- 13. Define a lateral repositioned transpositional graft.
- 14. Draw the technique for a lateral repositioned transpositional graft on maxillary canines.
- 15. State the difference between the "pinhole" technique and conventional techniques.
- 16. Define an allograft.
- 17. Define an acellular dermal matrix.
- 18. List three types of alternative allograft materials.
- 19. List the two suggested suture types for non-resorbable and resorbable materials.
- 20. Discuss the techniques you want to incorporate into your practice.

## OVERVIEW

# V4385 New Soft-Tissue Grafting Alternatives – Time to Change!

This presentation is directed toward providing information for interested dentists on the major soft-tissue grafting techniques. This information should allow them to determine which of the techniques they wish to incorporate into their practices. The following and other topics are included:

- Why gingival grafting?
- Root coverage with soft-tissue grafts
- Autogenous connective tissue grafting
- Connective tissue grafting for multiple teeth
- Covering exposed crown margins in the esthetic zone
- Semilunar transpositional flap the "Tarnow" procedure
- Biocorrosive abfractions or class V restorations present
- Covering unsightly gingival colorations
- Types of soft-tissue grafts
- Autogenous free gingival grafting
- Autogenous connective tissue grafting
- Soft-tissue ridge augmentation
- Connective tissue ridge augmentation
- Transpositional soft-tissue grafting
- Laterally repositioned transpositional grafts
- The "pinhole" technique
- Allografts
- Acellular dermal matrix
- Alternative allograft materials
- EpiFix
- Frozen tissues
- Freeze-dried skin of fascia
- Suturing

# **SUPPLEMENTAL MATERIALS**

# V4385 New Soft-Tissue Grafting Alternatives – Time to Change!

- 1. Kurtzman GM, Silverstein LH. Bipolar electrosurgery: gingival modification in passive eruption cases. Dent Today. 2008 Aug;27(8):112, 114-5.
- 2. Kurtzman GM, Silverstein LH. Diagnosis and treatment planning for predictable gingival correction of altered passive eruption. Pract Proced Aesthet Dent. 2008 Mar;20(2):103-8; quiz 110, 121.
- 3. Silverstein LH, Kurtzman GM, Shatz PC. Surgical soft tissue management. Alpha Omegan. 2007;100(3):148-55.
- 4. Silverstein LH, Kurtzman GM, Kurtzman D, Shatz PC, Szikman R. Placing dental implants and/or natural tooth restorations in the aesthetic zone: achieving proper gingival contours. Dent Today. 2007 Jul;26(7):129-30, 132-5; quiz 135, 128.
- 5. Silverstein LH, Kurtzman GM, Shatz PC. Suturing for optimal soft-tissue management. J Oral Implantol. 2009;35(2):82-90. doi: 10.1563/1548-1336-35.2.82.
- 6. Mailoa J, Miron RJ, Wang HL. Risk Indicators and Prevention of Implant Soft-Tissue Complications: Interproximal Papillae Loss and Midfacial Implant Mucosal Recessions. Compend Contin Educ Dent. 2017 Jul;38(7):436-443; quiz 444.
- 7. Alssum L, Eubank TD, Roy S, Erdal BS, Yildiz VO, Tatakis DN, Leblebicioglu B. Gingival Perfusion and Tissue Biomarkers During Early Healing of Post-Extraction Regenerative Procedures: A Prospective Case Series. J Periodontol. 2017 Jun 23:1-18. doi: 10.1902/jop.2017.170117. [Epub ahead of print]
- 8. Zafiropoulos GG, Deli G, Hoffmann O, John G. Changes of the peri-implant soft tissue thickness after grafting with a collagen matrix. J Indian Soc Periodontol. 2016 Jul-Aug;20(4):441-445. doi: 10.4103/0972-124X.181245.
- Chen TL, Zhang XH. The role of soft tissue transplantation in the reconstruction of gingival papilla. Zhonghua Kou Qiang Yi Xue Za Zhi. 2017 Feb 9;52(2):86-90. doi: 10.3760/cma.j.issn.1002-0098.2017.02.007.
- 10. Garcia-Baeza D, Garcia-Adamez R, Saavedra C. Soft and hard tissue management in the treatment of a discolored single tooth in the esthetic zone. Int J Esthet Dent. 2017;12(1):28-40.
- 11. Zhao LP, Zhan YL, Hu WJ, Wang HJ, Wei YP, Zhen M, Xu T, Liu YS. Dental implantation and soft tissue augmentation after ridge preservation in a molar site: a case report. Beijing Da Xue Xue Bao. 2016 Dec 18;48(6):1090-1094.
- 12. MacBeth N, Trullenque-Eriksson A, Donos N, Mardas N. Hard and soft tissue changes following alveolar ridge preservation: a systematic review. Clin Oral Implants Res. 2017 Aug;28(8):982-1004. doi: 10.1111/clr.12911. Epub 2016 Jul 26.

# **POST-TEST**

# V4385 New Soft-Tissue Grafting Alternatives – Time to Change!

- 1. An autogenous connective tissue graft:
  - a. requires use of dermal matrix.
  - b. allows coverage of exposed root surfaces on one or more teeth.
  - c. does not use palatal donor tissue.
  - d. requires a periodontal pack on conclusion of the surgery.
- 2. Acellular dermal matrix material:
  - a. is bovine.
  - b. has live cells in it.
  - c. is human donor skin.
  - d. cannot be left exposed.
- 3. Covering exposed crown margins in the esthetic zone:
  - a. can be done with the semilunar transpositional flap procedure.
  - b. is commonly known as the Tarnow procedure.
  - c. requires 5mm or more of attached gingiva.
  - d. all of the above.
- 4. Acellular dermal matrix material:
  - a. cannot be left exposed.
  - b. becomes a part of the patient's mouth.
  - c. is AlloDerm.
  - d. requires a more painful technique than using the patient's palatal donor tissue.
- 5. Surgically repositioned soft tissue:
  - a. can be moved coronally.
  - b. can be moved laterally.
  - c. can be used to cover exposed root surfaces.
  - d. all of the above.
- 6. What was the type of resorbable suture material suggested in this video?
  - a. Black silk
  - b. Chromic gut
  - c. Polyglycolic acid (PGA)
  - d. Polyester
- 7. What was the type of non-resorbable suture material suggested in this video?
  - a. Chromic gut
  - b. Black silk
  - c. Polypropylene
  - d. Nylon

# POST-TEST (CONT'D)

# V4385 New Soft-Tissue Grafting Alternatives – Time to Change!

- 8. Laterally repositioned transpositional grafts:
  - a. can move soft tissue from a lateral location to cover a denuded tooth root.
  - b. usually cover the root surface completely when healed.
  - c. usually do not require separate donor tissue.
  - d. all of the above.
- 9. When placing a connective tissue gingival graft around a restoration that needs to be replaced, it is preferred to:
  - a. place the restoration before grafting.
  - b. do the graft before placing the restoration.
  - c. do either first.
  - d. expect the graft to attach to the restoration.
  - e. none of the above.
- 10. When grafting around biocorrosive abfractions:
  - a. you may cover the biocorrosive abfraction with the soft-tissue graft and expect success.
  - b. you may not cover the biocorrosive abfraction with a soft-tissue graft and expect success.
  - c. extend the graft to the most coronal portion of the biocorrosive abfraction.
  - d. none of the above.

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