## **PRACTICAL CLINICAL COURSES**

A Service of the Gordon J. Christensen Career Development Program

# V3531 Successful Isolation of Operating Fields

Gordon J. Christensen, DDS, MSD, PhD

## **Materials Included:**

C.E. Instruction Sheet
Products List
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Goals & Objectives
Overview
Supplemental Materials
AGD Post-Test

## Gordon J. Christensen PRACTICAL CLINICAL COURSES

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#### Gordon J. Christensen

## **PRACTICAL CLINICAL COURSES**

Sources of Products Discussed in

## V3531 Successful Isolation of Operating Fields

Presented by Gordon J. Christensen, DDS, MSD, PhD

## 1. AccuFilm II

Parkell, Inc. 300 Executive Drive Edgewood, NY 11717 (800)243-7446 (631)249-1134 www.parkell.com

## 2. Advantage Arrest

Elevate Oral Care 346 Pike Road Suite 5 West Palm Beach, FL 33411 (877)866-9113 www.elevateoralcare.com

#### 3. Dental Dam

Cranberry USA 828 San Pablo Avenue Pinole, CA 94564 (707)553-6190 www.cranberryusa.com

## 4. Dental Flex Arm

Practicon Inc. 1112 Sugg Parkway Greenville, NC 27834 (800)959-9505 (252)752-5183 www.practicon.com

## 5. **Dentapops**

Primotec, Inc. 5616 Campanile Way San Diego, CA 92115 (916)849-2637 www.dentapops.com

#### 6. **DryDent**

Directa Inc. 64 Barnabas Road Unit 3 Newtown, CT 06470 (203)491-2273 www.directadental.com

## 7. DryShield

DryShield LLC 11230 Grace Avenue Suite B Fountain Valley, CA 92708 (888)379-0300 www.dryshield.com

## 8. DryTips

Microbrush International 1376 Cheyenne Avenue Grafton, WI 53024 (866)866-8698 www.microbrush.com

## 9. E-Prop Mouth Props

Practicon Inc. 1112 Sugg Parkway Greenville, NC 27834 (800)959-9505 (252)752-5183 www.practicon.com

## 10. Filtek Supreme Ultra

Flowable Restorative
3M Oral Care
2510 Conway Avenue
St. Paul, MN 55144-1000
(800)634-2249
(651)733-1110
www.3m.com

#### 11. Foundation

J. Morita USA, Inc. 9 Mason Irvine, CA 92618 (800)831-3222 (949)581-8811 www.morita.com/usa

#### 12. GLUMA Desensitizer

Kulzer North America 4315 S. Lafayette Blvd. South Bend, IN 46614 (800)431-1785 www.kulzerus.com

## 13. Hygenic Dental Dam

Coltène/Whaledent Inc. 235 Ascot Parkway Cuyahoga Falls, OH 44223 (330)916-8800 www.coltene.com

#### 14. Hygenic Flexi-Dam

Coltène/Whaledent Inc. 235 Ascot Parkway Cuyahoga Falls, OH 44223 (330)916-8800 www.coltene.com

## 15. Hygenic Ora-Shield Dental Dam Napkins

Coltène/Whaledent Inc. 235 Ascot Parkway Cuyahoga Falls, OH 44223 (330)916-8800 www.coltene.com

## 16. Hygenic Wedjet

Coltène/Whaledent Inc. 235 Ascot Parkway Cuyahoga Falls, OH 44223 (330)916-8800 www.coltene.com

## 17. Hygoformic by ORSING

Henry Schein Dental 135 Duryea Road Melville, NY 11747 (800)472-4346 (631)843-5500 www.henryschein.com

## 18. Isolation 360 by Zirc

American Dental Accessories 7310 Oxford Street Minneapolis, MN 55426-4513 (800)331-7993 (888)729-1016 www.amerdental.com

## 19. **Isolite 3**

Zyris, Inc. 6868A Cortona Drive Santa Barbara, CA 93117 (800)560-6066 (805)560-9888 www.zyris.com

## 20. Ivory Rubber Dam Clamps (W4, W5, W7, 0, 00, 212)

Kulzer North America 4315 S. Lafayette Blvd. South Bend, IN 46614 (800)431-1785 www.kulzerus.com

## 21. Lingua-Fix

Zirc Company 3918 Highway 55 SE Buffalo, MN 55313 (800)328-3899 (763)682-6636 www.zirc.com

## 22. Madame Butterfly

Almore International 441 19<sup>th</sup> Street SE Hickory, NC 28602 (800)547-1511 www.almore.com

## 23. MicroPrime

Zest Dental Solutions 2875 Loker Avenue East Carlsbad, CA 92010 (800)262-2310 (442)244-4835 www.zestdent.com

#### 24. MiniDam

DMG America 65 Challenger Road Suite 340 Ridgefield Park, NJ 07660 (800)662-6383 www.dmg-america.com

## 25. Mirro-Vac 2 Saliva Ejector Mirrors

Practicon Inc. 1112 Sugg Parkway Greenville, NC 27834 (800)959-9505 (252)752-5183 www.practicon.com

## 26. Mr. Thirsty One-Step

Zirc Company 3918 Highway 55 SE Buffalo, MN 55313 (800)328-3899 (763)682-6636 www.zirc.com

## 27. NeoDrys

Microcopy P.O. Box 2017 Kennesaw, GA 30156-9017 (800)235-1863 www.microcopydental.com

## 28. OptiDam

Kerr Corporation 200 S. Kraemer Blvd. Building E2 Brea, CA 92821 (800)537-7123 www.kerrdental.com

#### 29. OptraDam

Ivoclar Vivadent Inc. 175 Pineview Drive Amherst, NY 14228 (800)533-6825 (716)691-0010 www.ivoclarvivadent.com

## 30. OptraGate

Ivoclar Vivadent Inc. 175 Pineview Drive Amherst, NY 14228 (800)533-6825 (716)691-0010 www.ivoclarvivadent.com

#### 31. Pink Petal

Zirc Company 3918 Highway 55 SE Buffalo, MN 55313 (800)328-3899 (763)682-6636 www.zirc.com

#### 32. Suction Devices

Practicon Inc. 1112 Sugg Parkway Greenville, NC 27834 (800)959-9505 (252)752-5183 www.practicon.com

#### 33. TrollFoil

TrollDental USA 64 Barnabas Road Unit 3 Newtown, CT 06740 (800)537-8765 www.trolldentalusa.com

## 34. Umbrella Cheek Retractor

Ultradent Products, Inc. 505 West Ultradent Drive South Jordan, UT 84095 (888)230-1420 (801)572-4200 www.ultradent.com

#### 35. VacuLUX

Ascentcare Dental Products, Inc. 2359 Holton Road Muskegon, MI 49445 (616)600-4505 www.ascentcaredental.com

## 36. Young Rubber Dam Frame

Young Innovations, Inc. 2260 Wendt Street Algonquin, IL 60102 (847)458-5400 www.youngdental.com

## Product names, the products themselves, and company names change rapidly. Please contact the companies shown to confirm current information.

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## **PROGRAM**

## V3531 Successful Isolation of Operating Fields

## **CLINICIAN RESPONSIBLE:**

## Gordon J. Christensen, DDS, MSD, PhD

Founder and CEO, Practical Clinical Courses Senior Consultant & Previous CEO, CR Foundation Practicing Prosthodontist, Provo, Utah

## **GOALS & OBJECTIVES**

At the completion of this video presentation, viewers should be able to:

- 1. State five reasons why and when a non-contaminated operating field is necessary.
- 2. Explain the responsibility of dental assistants for establishing and maintaining a non-contaminated operating field.
- 3. Describe methods to produce non-contaminated operating fields.
- 4. Describe absorption products.
- 5. Describe retraction and/or isolation products.
- 6. Describe suction products.
- 7. Describe suction/isolation products.
- 8. List five different clinical procedures for which a non-contaminated operating field is necessary.
- 9. Discuss whether or not a rubber dam is necessary for ALL operative dentistry.
- 10. Discuss maintaining an optimum operating field for crown cementation.
- 11. Discuss ways to create an optimum field when placing sealants.
- 12. Discuss whether or not a rubber dam should be mandatory when doing endodontics.
- 13. Discuss maintaining an optimum field when placing implants.
- 14. Discuss the necessity for a dry field when doing occlusal equilibration.
- 15. Describe the Isolite 3 device.
- 16. Compare the Isolite 3 device with the Mr. Thirsty device.
- 17. List several reasons why rubber dam is still the "gold standard" for producing a dry field.
- 18. Discuss the importance of proper use of high velocity evacuation (HVE).
- 19. List an adjunctive HVE holding device that is especially useful when working alone or for dental hygienists.
- 20. Make decisions on which concepts you want to incorporate into your practice.

## OVERVIEW

## V3531 Successful Isolation of Operating Fields

This topic is often neglected, since dentists and staff think they are using adequate procedures for operating field isolation. It is likely they are not doing so because there are innumerable relatively new devices and concepts. Among the topics included in this video are:

- Many reasons why and when a non-contaminated operating field is necessary
- Responsibilities of dental assistants for establishing and maintaining a non-contaminated operating field
- Methods to produce non-contaminated operating fields
- Absorption products
- Retraction and/or isolation products
- Suction products
- Suction/isolation products
- Numerous clinical procedures for which a non-contaminated operating field is necessary
- Whether or not a rubber dam is necessary for ALL operative dentistry
- Maintaining an optimum operating field for crown cementation
- Ways to create an optimum field when placing sealants
- Whether or not a rubber dam should be mandatory when doing endodontics
- Maintaining an optimum field when placing implants
- The necessity for a dry field when doing occlusal equilibration
- The Isolite 3 device
- A comparison of the Isolite 3 device with the Mr. Thirsty device
- Several reasons why rubber dam is still the "gold standard" for producing a dry field
- The importance of proper use of high velocity evacuation (HVE)
- An adjunctive HVE holding device that is especially useful when working alone or for dental hygienists
- Making decisions on which concepts you want to incorporate into your practice

## **SUPPLEMENTAL MATERIALS**

## V3531 Successful Isolation of Operating Fields

- 1. Christensen GJ. Ask Dr. Christensen: Why are sealants failing? Dental Economics. 2021 Jun;111(6):64-6.
- 2. Miao C, Yang X, Wong MC, Zou J, Zhou X, Li C, and Wang Y. Rubber dam isolation for restorative treatment in dental patients. Cochrane Database Syst Rev. 2021 May 17;5(5):CD009858.
- 3. Christensen GJ. Ask Dr. Christensen: What cement type is best in 2021? Dental Economics. 2021 May;111(5):54-7.
- 4. Christensen GJ. Ask Dr. Christensen: The satisfying and productive preventive practice. Dental Economics. 2021 Mar;111(3):60-2.
- 5. Christensen GJ. Ask Dr. Christensen: The best pediatric dental restorations. Dental Economics. 2021 Feb;111(2):42, 44.
- 6. Christensen GJ. Ask Dr. Christensen: Are there proven preventive restorative materials? Dental Economics. 2021 Jan;111(1):52-6.
- 7. Christensen GJ. Ask Dr. Christensen: Making composites better and longer lasting. Dental Economics. 2020 Nov;110(11):47-9.
- 8. Christensen GJ. Ask Dr. Christensen: Preventing recurrent caries on restorations. Dental Economics. 2020 Apr;110(4):63-5.
- 9. Ravenel TD, Kessler R, Comisi JC, Kelly A, Renne WG, and Teich ST. Evaluation of the spatter-reduction effectiveness and aerosol containment of eight dry-field isolation techniques. Quintessence Int. 2020;51(8):660-670.
- 10. Kameyama A, Asami M, Noro A, Abo H, Hirai Y, and Tsunoda M. The effects of three dry-field techniques on intraoral temperature and relative humidity. J Am Dent Assoc. 2011 Mar;142(3):274-80.
- 11. Christensen GJ. "Rubber Dam Still the Best Dry-Field Technique" Practical Clinical Courses Video No. V3522. April 2007.

## POST-TEST

## V3531 Successful Isolation of Operating Fields

- 1. When is a non-contaminated operating field necessary?
  - a. restorative treatment
  - b. surgical treatment
  - c. preventive procedures
  - d. all the above
- 2. Which person is *primarily* responsible for making and maintaining a non-contaminated operating field?
  - a. dentist
  - b. dental assistant
  - c. dental hygienist
  - d. all the above
- 3. Absorptive products are:
  - a. the best operating field concept.
  - b. minimally effective, but necessary.
  - c. always containing cellulose.
  - d. none of the above.
- 4. Rubber dam (as shown in this video):
  - a. is less effective than other concepts.
  - b. is long out of date and has been replaced.
  - c. retracts lips, cheeks, and tongue better than other concepts.
  - d. cannot be completely replaced by other devices.
- 5. All suction devices are:
  - a. connected to HVE.
  - b. connected to saliva ejectors.
  - c. disposable.
  - d. none of the above.
- 6. Sealants:
  - a. are highly successful clinically.
  - b. cannot be improved in clinical success.
  - c. often fail in a few years because of plaque-contaminated operating fields.
  - d. should always use materials designated as sealants.
- 7. Restoration of anterior teeth:
  - a. always requires use of a rubber dam.
  - b. can be isolated relatively easily by using an OptraGate.
  - c. does not require a non-contaminated operating field.
  - d. can easily be isolated using an Isolite 3.

## POST-TEST (CONT'D)

## V3531 Successful Isolation of Operating Fields

- 8. Implant osteotomies and implant placement require:
  - a. moisture when accomplished.
  - b. water on doing the osteotomy.
  - c. blood presence when placing the implant.
  - d. all the above.
- 9. **Optimum** marking of teeth for occlusal equilibration:
  - a. does not require a dry field.
  - b. requires a dry field.
  - c. can be done easily by using wax to show high spots.
  - d. is usually done correctly.
- 10. Rubber dam:
  - a. retracts cheeks, tongue, and lips.
  - b. retracts gingival tissues.
  - c. is still the "gold standard" for some procedures.
  - d. all the above.

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