

**PRACTICAL CLINICAL COURSES**  
*A Service of the Gordon J. Christensen  
Career Development Program*

**X3512**  
**Predictable, Fast, Long-Lasting Composites!**

Gordon J. Christensen, DDS, MSD, PhD

**Materials Included:**  
C.E. Instruction Sheet  
Products List  
AGD Post-Test

**Gordon J. Christensen**  
**PRACTICAL CLINICAL COURSES**

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Gordon J. Christensen  
**PRACTICAL CLINICAL COURSES**  
*Sources of Products Discussed in*  
**X3512 Predictable, Fast, Long-Lasting Composites!**  
Presented by: Gordon J. Christensen, DDS, MSD, PhD

Product Name	Company Name	Phone Number
<a href="#">ACTIVA BioACTIVE-RESTORATIVE</a>	PULPDENT Corporation	800-343-4342
<a href="#">Admira Fusion</a>	VOCO GmbH	<a href="https://www.voco.dental/en/service/customer-service/contact-location.aspx">https://www.voco.dental/en/service/customer-service/contact-location.aspx</a>
<a href="#">Advantage Arrest</a>	Elevate Oral Care	877-866-9113
<a href="#">Astropol</a>	Ivoclar Vivadent Inc.	800-533-6825
<a href="#">Aura</a>	SDI (North America) Inc.	800-228-5166
<a href="#">Beautifil II</a>	SHOFU Dental Corporation	800-827-4638
<a href="#">Bluephase G4</a>	Ivoclar Vivadent Inc.	800-533-6825
<a href="#">Bulk EZ</a>	Zest Dental Solutions	800-262-2310
Burs (329, 330, ¼, ½, 1156, 1170, tapered diamond)	Various Manufacturers	
<a href="#">CamX Spectra Caries Detection Aid</a>	Air Techniques	516-433-7676
<a href="#">Canary System, The</a>	Quantum Dental Technologies Inc.	866-993-9910, Press 3
<a href="#">CASI Instruments (3C &amp; 3L)</a>	Aesthecon, Inc.	980-622-1340
<a href="#">CLEARFIL MAJESTY ES-2 Classic</a>	Kuraray America, Inc.	800-879-1676
<a href="#">Composite Instruments, Multi-Ended</a>	Garrison Dental Solutions, LLC	888-437-0032
<a href="#">Composi-Tight 3D XR</a>	Garrison Dental Solutions, LLC	888-437-0032
<a href="#">Contact Matrix</a>	Zest Dental Solutions	800-262-2310
<a href="#">C- Shape Instrument</a>	Southern Dental Instruments	678-772-9729
<a href="#">DEXIS CariVu</a>	KaVo Dental	888-275-5286
<a href="#">DiaShine Polishing Paste</a>	VH Technologies Ltd.	888-628-8300
<a href="#">DryTips</a>	Microbrush International	866-866-8698
<a href="#">Elipar DeepCure-S LED Curing Light</a>	3M	888-364-3577
<a href="#">Enamelize</a>	Cosmedent, Inc.	800-621-6729
<a href="#">EQUIA Forte HT</a>	GC America Inc.	800-323-7063
<a href="#">Estelite Sigma Quick</a>	Tokuyama Dental America, Inc.	877-378-3548
<a href="#">Estelite Bulk Fill Flow</a>	Tokuyama Dental America, Inc.	877-378-3548
<a href="#">FenderWedge</a>	Garrison Dental Solutions, LLC	888-437-0032

<a href="#">Fill-Up!</a>	Coltène/Whaledent Inc.	330-916-8800
<a href="#">Filtek Supreme Ultra Universal Restorative</a>	3M	888-364-3577
<a href="#">Finishing &amp; Polishing Products</a>	Cosmedent, Inc.	800-621-6729
<a href="#">Finishing and Polishing System</a>	3M	888-364-3577
<a href="#">FUSION 5 Curing Light</a>	DentLight Inc.	800-763-6901
<a href="#">G5 All-Purpose Desensitizer</a>	Clinician's Choice Dental Products, Inc.	800-265-3444
<a href="#">GC New Metal Strips</a>	GC America Inc.	800-323-7063
<a href="#">Gold Microfil Composite Instruments</a>	Almore International, Inc.	800-547-1511
<a href="#">Greater Curve Tofflemire Bands</a>	Greater Curve	866-493-3437
<a href="#">Harmonize Composites</a>	Kerr Corporation	800-537-7123
<a href="#">Ho Dental Sectional Matrix</a>	Ho Dental Company	702-430-9847
<a href="#">HyperFIL Bulk-Fill Composite</a>	Parkell, Inc.	800-243-7446
<a href="#">iBOND Etch</a>	Kulzer North America	800-431-1785
<a href="#">Injectafil Dual-Cure Composite</a>	Apex Dental Materials, Inc.	877-273-9123
<a href="#">IPC-Interproximal</a>	Premier Dental Co.	888-773-6872
<a href="#">Isolite 3</a>	ZYRIS	805-560-9888
<a href="#">Ivory Rubber Dams &amp; Clamps</a>	Kulzer North America	800-431-1785
<a href="#">KALORE</a>	GC America Inc.	800-323-7063
<a href="#">Ketac Universal Aplicap Glass Ionomer Restorative</a>	3M	888-364-3577
<a href="#">Logicon Caries Detector Software Version 5.2</a>	Carestream Dental LLC	800-944-6365
<a href="#">LUM Sub-Enamel Illumination</a>	Digital Doc LLC	800-518-1102
<a href="#">LuxaCrown</a>	DMG America	800-662-6383
<a href="#">Magic Strip Kit</a>	Strauss Diamond Instruments Inc.	800-982-9641
<a href="#">Microlux 2 Transilluminator</a>	AdDent, Inc.	855-211-3413
<a href="#">MicroPrime G</a>	Zest Dental Solutions	800-262-2310
<a href="#">Mosaic Universal Composite</a>	Ultradent Products Inc.	888-230-1420
<a href="#">Mr. Thirsty Comfort Kit</a>	Zirc Company	800-328-3899
<a href="#">Nupro Prophy Paste</a>	Dentsply Sirona	844-848-0137
<a href="#">OMNICHROMA</a>	Tokuyama Dental America, Inc.	877-378-3548
<a href="#">OptraGate</a>	Ivoclar Vivadent Inc.	800-533-6825

<a href="#">Polishette Mini-Shaped Polishers</a>	Polishette	<a href="http://polishette.com/contact">http://polishette.com/contact</a>
<a href="#">Politip Two-Step Polishing System</a>	Ivoclar Vivadent Inc.	800-533-6825
<a href="#">Prisma Gloss</a>	Dentsply Sirona	844-848-0137
<a href="#">Renamel Microfill</a>	Cosmedent, Inc.	800-621-6729
<a href="#">SOPROCARE</a>	ACTEON Group	877-422-8366
<a href="#">SOPROLIFE</a>	ACTEON Group	877-422-8366
<a href="#">Super-Snap Coated Disks &amp; Polishing Strips</a>	SHOFU Dental Corporation	800-827-4638
<a href="#">Tetric EvoCeram</a>	Ivoclar Vivadent Inc.	800-533-6825
<a href="#">The Light &amp; The Light 405</a>	GC America Inc.	800-323-7063
<a href="#">TPH Spectra ST</a>	Dentsply Sirona	844-848-0137
Trimming and Finishing Burs (7406, 7901, 7801, 7304)	Various Manufacturers	
<a href="#">V3 SuperCurve Kit by Triodont</a>	Ultradent Products Inc.	800-552-5512
<a href="#">Ultra-Etch</a>	Ultradent Products Inc.	888-230-1420
<a href="#">VALO Grand LED Curing Lights</a>	Ultradent Products Inc.	888-230-1420
<a href="#">Venus Pearl</a>	Kulzer North America	800-431-1785
<a href="#">WedgeGuard by Triodont</a>	Ultradent Products Inc.	800-552-5512
<a href="#">Zekrya Gingival Protector</a>	DMG America	800-662-6383

***Product names, the products themselves, and company names change rapidly. Please contact the companies shown to confirm current information.***

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## POST-TEST

### **X3512 Predictable, Fast, Long-Lasting Composites!**

1. Which of the following is NOT a challenge with resin restorations?
  - a. Relative short longevity
  - b. Sensitivity
  - c. Not enough color choices
  - d. Shrinkage
  
2. Which product/technique is NOT considered a low-cost caries detection concept?
  - a. Air polisher
  - b. SOPROLIFE and SOPROCARE
  - c. Silver diamine fluoride
  - d. MicroLux Transilluminator
  
3. When placing anterior direct resin veneers, what is a helpful lip and cheek retractor?
  - a. Isolite 3 by Zyris
  - b. Cotton cords
  - c. Dry tip
  - d. OptraGate by Ivoclar Vivadent
  
4. Which of the following products has a single color that claims to blend with the surrounding tooth structure?
  - a. Filtek Supreme Ultra by 3M
  - b. KALORE by GC
  - c. Harmonize by Kerr
  - d. OMNICHROMA by Tokuyama
  
5. Use of a bulk filling restorative material has several limitations, including all EXCEPT:
  - a. the ability to polish well.
  - b. ensuring complete polymerization.
  - c. contact area adequacy.
  - d. over finishing the bulk.
  
6. A hybrid resin restoration includes the combination of a restorative resin and \_\_\_\_\_.
  - a. zinc oxide eugenol
  - b. amalgam
  - c. RMGI or conventional glass ionomer
  - d. polycarboxylate cement

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7. Which bur should NOT be used in preparing conservative resin restorations?
  - a. 330
  - b. 557
  - c. 329
  - d. ½ round
  
8. A quality curing light includes all the features listed EXCEPT:
  - a. high intensity output.
  - b. broad spectrum output.
  - c. 5 mm or smaller curing tip.
  - d. light guide near right angle.
  
9. Which bur is suggested for use when preparing a premolar class II?
  - a. 8 round bur
  - b. 57
  - c. 7406
  - d. 329
  
10. When using a glutaraldehyde desensitizer, it is suggested to use which technique?
  - a. Apply first coat, wash and dry, cure for 20 seconds.
  - b. Apply one coat for 2 minutes.
  - c. Apply first coat, wash and dry, apply second coat.
  - d. Apply two separate coats for one minute each with a Microbrush.
  
11. Finishing and trimming burs for class II composite restorations include all EXCEPT:
  - a. 7406.
  - b. 7901.
  - c. 7801.
  - d. 1931 Beaver Bur.
  
12. The instrument which retracts and protects the tissue while finishing gingival resin is the \_\_\_\_\_.
  - a. Zekrya Gingival Protector
  - b. Microfil Placement Instrument
  - c. spoon excavator
  - d. IPC Carver

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- 13. When should whitening of teeth be accomplished?
  - a. Same day as restorations are completed
  - b. After restorations have been completed
  - c. Several weeks before restorations to allow maturity of color
  - d. Never whiten teeth
  
- 14. Which should be accomplished when finishing a class II composite restoration?
  - a. Adjust occlusion in dry field for better visual access.
  - b. Smooth interproximal areas as needed to remove overhanging of material.
  - c. Polish using varying levels of abrasives, if needed.
  - d. All of the above.
  
- 15. When using a curing light, the assistant should do all of the following EXCEPT:
  - a. confirm correct placement of light.
  - b. rotate light in a circular motion.
  - c. look at the light.
  - d. blow air on the tooth to keep it cool.

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